To all students, staff and faculty members of Kagawa University

Guidelines for Novel Coronavirus Disease Control (Version 17) (Updated 15th January 2021)

The Novel Coronavirus has spread widely across the globe, prompting the World Health Organization (WHO) to declare a state of pandemic on 11th March. Japan subsequently issued an official declaration of a state of emergency on 16th April for all prefectures in the country.

On 6th May, the government extended the state of emergency to 31st May. However, on 14th May, the government lifted the state of emergency for 39 prefectures (excluding the eight prefectures of Hokkaido, Saitama, Chiba, Tokyo, Kanagawa, Kyoto, Osaka, and Hyogo). The state of emergency was further lifted for three prefectures (Osaka, Kyoto, and Hyogo) on 21st May, while the last five prefectures (Hokkaido, Saitama, Chiba, Tokyo, and Kanagawa) witnessed the final lifting on 25th May.

The number of infected cases declined gradually after peaking in August but increased rapidly again from November 2020. This led to the declaration of the state of emergency in Saitama, Chiba, and Kanagawa prefectures and Tokyo metropolitan area on 7th January, and in Osaka, Kyoto, Hyogo, Aichi, Gifu, Tochigi, and Fukuoka prefectures on 13th January 2021. Kagawa Prefecture similarly declared the state of emergency on 8th January 2021.

Consistent with the government policies, Kagawa University is issuing the following measures to tackle the situation.

Due to the volatile and fluid condition of the pandemic, all students and faculty/staff members are requested to check the updated information regularly.

- Note 1: All students should pay particular attention to the notations marked in red especially those with bold letters and/or underlines.
- Note 2: When communicating with faculty offices, students should go through the Student Section (Gakumu) while faculty/staff members do so through the General Affairs Section (Soumu).

1. Infectious disease prevention

- Monitor the health condition closely. Note: During the second semester, everyone is advised to monitor their health by filling up the 'Health Check List' (https://www.kagawa-u.ac.jp/files/5915/9920/3191/03.xlsx).
- Make sure to avoid the 3Cs (Closed spaces, Crowded places, Close contact settings) by keeping a distance from the next person, and to circulate the air flow.
- Make sure to prevent/avoid infection through airborne droplets or physical contact (wear a mask, disinfect hands and fingers).
 - Note: There have been some cases of people not wearing masks on campus. Make sure to wear a mask while on campus.
- If possible, install the COVID-19 Contact App (COCOA) that is provided by the Ministry of Health, Labour and Welfare of Japan.

 Note: Refer to the attached 'Forms of new lifestyle'.
- While visiting facilities, shopping, or participating in events, whenever possible, make use of the Line app 'Kagawa Corona Notice System' that is introduced by Kagawa Prefecture.
- <u>In principle, parties especially those involving alcohol, with multiple participants (other than family members and relatives) are disallowed.</u>

2. Counter measures for coronavirus

2-1 In the event of cold symptoms

• If slight fever or symptoms are present, do not come to work or attend any classes until fully recovered. Absences from work by faculty/staff members shall be handled as 'special leave with pay'.

Students who have fever or cough symptoms are not permitted to enter the university premises until they have fully recovered. Students who absent themselves from online classes due to above reasons should report to the Student Section of their faculty to have these absences officially waived.

<Note on special leave for faculty/staff members >

This is based on the circular issued by the President of Kagawa University on 6th March 2020, granting 'special leave with pay' to faculty/staff members who are designated to have difficulty coming to work at the university.

- If fever or other symptoms are present, consult the family physician or a medical clinic nearby. If unsure, consult the Kagawa Covid-19 Consultation Call Center (Tel: 0570-087-550), hereafter referred to as 'Consultation Call Center'.
- The Consultation Call Center shall recommend further action such as medical tests at a specific hospital or clinic. Do not seek medical care from any other places other than the one recommended.
- After the tests, make a telephone call to the faculty office to convey your situation. After receiving notice, the faculty office should report to the Health Center (for students) and Salary and Welfare Section (for faculty/staff members).
- <u>In the event of a positive test result</u>, do not go to the university. Contact the faculty office immediately. After receiving notice, the faculty office should report to the Health Center (for students) and Salary and Welfare Section (for faculty/staff members).
- For students, faculty or staff members infected with coronavirus and were fully cured (and discharged from either the hospital, or from any treatment facility (house, apartment or hotel)), refrain from going outdoors or commuting to the university for the following 14 days. Absences from work by faculty/staff members shall be treated as 'special leave with pay'.

2-2 In the case of having close proximity with persons infected with coronavirus

- Anyone suspected of having had close proximity with persons inflicted with coronavirus, should not hesitate to contact the faculty office to inform them of the situation. Follow their instructions thereafter.
 - (Example 1) A family member or someone close is infected with, or is undergoing tests for coronavirus.
 - (Example 2) Being in a building facility, or riding in a vehicle whereby coronavirus infection was suspected to have occurred.
 - (Example 3) Attending a meeting or gathering whereby a participant tested positive for coronavirus thereafter.
 - (Example 4) Receiving a notice or request from a hospital or clinic recommending a test for coronavirus.

Based on the recommendation of the Health Center, persons who have had high-risk contact with infected persons are required to undergo a 14-day self-quarantine period. For students, they should not come to the university campus, and for faculty and staff members, they are required to stop work and stay at home. (This is treated as paid leave).

* Note: Please see the flowchart for procedures on absences by students and faculty/staff members suspected of virus infection.

3. Travelling abroad

- <u>In principle, travelling abroad is prohibited.</u>
 <u>The decision to lift this notice is dependent on the policies announced by the Ministry of Health, Labour and Welfare, and the Ministry of Foreign Affairs.</u>
- Anyone returning from abroad should closely monitor the health condition, and should follow the guidelines stated in Point 4 below.

4. Health consultation after returning from abroad

- At the port of entry, follow the instructions of the Quarantine Station.
- Personally contact the faculty office to inform them of the instructions from the Quarantine Station and/or the clinic/hospital recommended. After receiving notice, the faculty office should report to the Health Center (for students) and Salary and Welfare Section (for faculty/staff members).
- Within 14 days after returning to Japan, do not go outside unnecessarily. Conduct self-quarantine and self-study at home within this period. Monitor closely the body temperature and health condition daily. Absences from work by faculty/staff members shall be handled as 'special leave with pay'.
- Personally contact the faculty office to inform them of the situation. After receiving notice, the faculty office should report to the Health Center (for students) and Salary and Welfare Section (for faculty/staff members).
- Within these 14 days, if fever or cold symptoms occur, follow Point 2 above.

5. Travelling to or from other prefectures

5-1 For students

From now onwards until further notice

parties) against infection are to be taken.

For safety and the smooth operation of the Entrance Examination, all students (including those staying with families or living in apartments by themselves) are prohibited to travel from Kagawa Prefecture to other prefectures. However, students commuting to the university from neighboring prefectures are exempted. If traveling to another prefecture is unavoidable, contact the faculty office beforehand with information on (1) purpose of travel (2) travel route.

- After returning from another prefecture, contact the faculty office. For the next 14 days, refrain from going out unnecessarily, and monitor the body temperature and health condition closely while staying indoors (including studying at home, etc.). However, after 5 days upon returning to Kagawa Prefecture, if PCR conducted at the University Hospital tested negative, and if there are no cold or fever symptoms, commuting to university is permitted from the day after the PCR results are announced. (See related documents for PCR test guidelines). As a precaution, measures (such as avoiding dinner
- Movements across prefectures and self-quarantine measures involving adult students fall under the jurisdiction of the Deans of the respective faculties and graduate schools.
- In the case of unavoidable travel to another prefecture by family members, be sure to take all precautions to prevent infliction of the virus.

5-2 For faculty and staff members

• From now onwards until further notice

For safety and the smooth operation of the Entrance Examination, travel from Kagawa Prefecture to other prefectures is prohibited.

- If traveling to other prefectures is unavoidable, refrain from further unessential movements outside the house for 14 days after returning. Stay indoors and closely monitor body temperature and health condition every day. This period is treated as paid leave. However, (1) commuting to university, and (2) activities such as conducting medical care in nearby prefectures are excluded. In these cases, appropriate behavior and preventive measures are to be taken.
- If traveling to distant prefectures (adjacent prefectures are excluded), convey beforehand to the faculty office details on (1) reason for travel (2) route taken. After returning from such travels, contact the faculty office and closely check for any changes in the body.
- After 5 days upon returning to Kagawa Prefecture from a distant prefecture (adjacent prefectures are excluded), if PCR conducted at the University Hospital tested negative, and if there are no cold or fever symptoms, commuting to university is permitted from the day after the PCR results are announced. (See related documents for PCR test guidelines). As a precaution, measures (such as avoiding dinner parties) against infection are to be taken.
- For medical doctors working in the University Hospital and the Faculty of Medicine, permission to travel to distant prefectures rests on the decision of the Director of the University Hospital.
- In the case of unavoidable travel to another prefecture by family members, be sure to take all precautions to prevent infliction of the virus.
- For faculty and staff members residing outside of Kagawa Prefecture, and visitors coming into the university campuses, make sure to check body temperature, and avoid the 3Cs to prevent the spread of the virus.

6. Telework

• Faculty/staff members conducting telework should strictly abide by the university information security policies.

7. Policies on the acceptance of international students

See the following link for details

https://www.kagawa-

<u>u.ac.jp/files/5516/0281/3979/Notice to international students planning to start enroll ment_at_Kagawa_UniversityUpdated_16October.pdf</u>

8. Student activities

- Dinner parties especially those with alcohol, that involves multiple participants (who are not family members or relatives) are prohibited.
- All student club activities are to be conducted based on the official rules provided. Make sure to regularly check for updates through the following link. https://www.kagawa-u.ac.jp/campus-life/studentlife/extracurricular-info/circle-list/ (Club activities under the purview of faculties shall abide by the guidelines issued by the respective faculties.)

In any case, to prevent further infection, all students must put on masks while inside the campuses. If this guideline is found to be ignored by many students, club activities may be suspended.

9. Regarding all other events

Events organized by the university may be held if the conditions laid out in the following document is satisfied. (Provisional policy on the gradual easing of restrictions on the holding of events), issued by Kagawa Prefecture on 17th Nov. 2020). Events that include food and drinks in campus with many participants are disallowed.

Should events be held, organizers and participants are strongly urged to abide by the 'Guidelines on the holding of events (Annex 3)' (released by Kagawa Prefecture on 17th Nov. 2020) as a measure to prevent the spread of infection.

• Students and faculty/staff members may take part in events organized outside of the university, provided that measures to prevent infection are carefully observed.

The coronavirus situation is very volatile. Government policies change rapidly each day. Kagawa University shall continue to monitor these movements and develop guidelines according to policies announced by the government. Please check the university homepage regularly for updates. (https://www.kagawa-u.ac.jp/24945/). Scroll down the page for English guide.

Note: All students should read and understand the notations marked in red.

15th January 2021 Head, Crisis Response Headquarters KAKEHI Yoshiyuki

Example of practicing "New Lifestyle" (1) Basic infection prevention measures for each person

Three basics for proventing infection.			
Three basics for preventing infection:			
①Keeping physical distance, ②wearing			
\square Keep a distance of two meters as much as possible, or at least one meter, between two			
persons			
□Chose outside rather than inside if you are	' '		
□Avoid standing right in front of each other	•		
\square Wear a mask when you go out or talk insid	e even without any symptoms		
☐ Wash your hands and face first when you	get back home, followed by changing clothes		
and taking a shower as soon as possible			
☐ Carefully wash your hands with water an	d a soap for approximately 30 seconds (also		
possibly with hand sanitizer)			
*Pay more attention to your health, especially when n			
symptoms, such as the elderly or people with chronic	diseases.		
Infection prevention related to travelin	ıq		
Refrain from traveling to and from where t			
	ure. Business trips only when it is unavoidable		
	the time of meeting in case you get infected		
☐ Carefully follow how the infection is prevail	, ,		
	<u> </u>		
(2) Basic lifestyle for daily life			
☐ Wash and sanitize hands frequently ☐ M	ake sure to observe coughing etiquette (by		
covering your mouth) □Ventilate frequently			
□ Avoid gatherings in crowded places, close co			
☐ Check your health condition and measure bo			
Do not force your <u>self to go out, and stay</u> h <u>or</u>	, ,		
Stay home Avoid gatherings in Avoid gatherings in Avo crowded places close contact settings of	oidgatheringsin Coughing closed spaces Ventilation etiquette Wash hands		
(3) Lifestyle for each scene of o	daily life		
Shopping	Dublic Transports		
☐Use online shopping	Public Transports		
☐ Shop by yourself or in a small group,	□ Refrain from chatting		
at off-peak hours	□ Avoid peak-hours		
☐Use electronic payment	☐ Take a walk or ride a bike if possible		
□ Plan your shopping in advance and shop quickly	Meals		
□ Refrain from touching displays like samples			
☐ Keep a distance while lining up at the cashier	□Take away or delivery		
Loigues Charte ata	□ Enjoy meals at outside spaces		
<u>Leisure, Sports etc.</u>	☐ Serve individually, avoid sharing plates		
☐ Select places like parks at off-peak time	□Do not sit face-to-face, rather besides		
□ Refer to videos for home muscle training or yoga	□Concentrate on eating, refrain from chatting□Avoid pouring drinks for others, sharing		
□Jog in a small group	glasses or sake cups		
☐Keep a distance as etiquette when passing	glasses of sake cups		
others	Family caromonial accasions		
□Utilize booking systems for leisure	Family ceremonial occasions		
□Do not stay long in small rooms	□ Avoid banquets or meetings with large numbers		
□Keep a distance or stay online for singing or cheering others	☐Decline participation when you have symptoms of fever of cold		
checing others			
	of fever of cold		
(4) New working style	of fever of cold		
(4) New working style□ Work remotely and rotate commuting shifts			
	Keeping a distance while commuting during king spaces □Use online meetings □Exchange		

Provisional policy on the gradual easing of restrictions on the holding of events

Issued 15th September 2020 Updated 17th November 2020

The following are guidelines for the holding of events. ①Restrictions on maximum number of persons ②Capacity guidelines as limited by whichever is smaller (effective until end of February 2021).

(1) Restrictions on maximum number of persons

Case of organizers taking appropriate measures to prevent the spread of virus, and having satisfied the conditions laid out in Annex 11 (Guidelines on the holding of events)

5,000 persons or 50% of permitted capacity whichever is bigger

(In other words, 5,000 persons if permitted capacity is 10,000, and 50% if permitted capacity is more than 10,000 persons) If the above conditions cannot be met, organizers should seriously reconsider the event, including its cancellation.

② Capacity guidelines

		Events with no loud voices or cheering from participants, and no singing $(\times 1)$	Events with loud voices or cheering from participants, and singing
Participant positions ar participants during entry venue is well controlled a	and exit, and in event	Number of participants allowed according to capacity restriction	In principle, 50% of permitted capacity Alternate seating with empty seats in between participants Groups with less than 5 persons may seat together without the necessity for alternate seating (Possibility of participants going over the 50% limit in capacity)
Participants are free to move around, the flow of participants during entry and exit, and in event venue is well controlled and secured	being fixed Case of capacity not	Number of participants allowed according to capacity restriction Provide spacing to avoid close contact (minimum space to avoid contact)	50% of permitted capacity Provide space to allow about 1 meter spacing among participants

- * 1) Need to show proof from similar previous events whereby performers and participants did not cheer, sing, and no loud voices can be heard (if previous events are not available, organizers may show similar performances whereby performers and participants did not cheer, sing, and no loud voices can be heard).
- * 2) Organizers made sure that all participants wear masks, and take measures to prevent the spread of virus (Annex 11). In addition, organizers made sure there is enough spacing between performers and participants; and had followed the preventive guidelines issued by the relevant industry.

Guidelines based on event types

Event characteristics	Preventive measures well taken, and the flow of participants during entry and exit, and in event venue is well controlled and secured			Participants are free	
Seating, etc.	Fixed seating		Seating not fixed, participants free to move around		to move around a wide area or the
Loud voices or cheering from participants	Presumption of no loud voices and cheering from participants	Presumption of loud voices and cheering from participants	Presumption of no loud voices and cheering from participants	Presumption of loud voices and cheering from participants	whole country, and are difficult to be monitored
Examples of events (see next page for details)	Classic music concert, theater, dance, traditional culture, traditional performing arts, lectures, ceremonies, etc. Events with food and drinks, but no speaking or loud voices (*1)	Rock/pop concert, sports event, public races (bicycle, boat), public lecture, live house, night club events, etc.	Exhibitions, etc.	Local festivals and events	Fireworks display, outdoor festivals, etc.
Capacity less than 10,000	5,000 or below	5,000 or below, plus 50% of permitted capacity (※2)	5,000 or below	5,000 or below, plus, maximum 50% of permitted capacity	Continue to seriously
Capacity more than 10,000	50% of permitted capacity	50% of permitted capacity	50% of permitted capacity	50% of permitted capacity	re-consider if event should be cancelled (If event is to be held, allot about 1 meter spacing among participants, control and monitor participant movements. If appropriate spacing cannot be secured among participants, seriously re-consider if event should proceed.) (※3)
Capacity not quantifiable	<u>—</u>	- 	Allot sufficient spacing to prevent crowding (spacing that is enough to avoid physical contact among a minimum number of participants)	Allot about 1 meter spacing among participants	
Other aspects (with regards to venues/facilities that attract people)	Cinemas etc.	Amusement parks (attractions that induce screaming) etc.	Art galleries, museums, botanical gardens, aquariums, amusement parks, etc.	_	

^{**)} Alternate seating with empty seats in between participants. Groups with less than 5 persons may seat together without the necessity for alternate seating (Possibility of participants going over the 50% limit in capacity)

%1) Prevention of infection at events with food and drinks but no talking or loud voices

Specific conditions	;
Strict adherence	Check if people are wearing masks at entry points, and provide or sell masks if necessary
to wearing of	• Screening of live videos and making announcements on the wearing of masks before the start of event (other than mealtimes)
mask while not	Set up appropriate monitoring system during the event, and firmly request the wearing of masks
having a meal	Check the wearing of masks, and make additional announcements if necessary
Prohibition of	• For example, the prohibition of food and drinks during pre- and/or post-screening of movies, or theater break time, whereby talking
food and drinks if	or loud voices are expected.
talking or loud	For other events, if talking is expected to occur, strictly disallow the consumption of food and drinks.
voices are	
expected	
Sufficient	• Use appropriate equipment to measure the carbon dioxide concentration, and make sure to abide by the recommended level of 1000
ventilation	ppm. In addition, make sure that the ventilation device is set to secure at least an air circulation volume of 30 m2/hour/person. This
	step is not necessary for events held outdoors.
Secure contact	• Whenever possible, use pre-booking system to obtain contact details of participants. Otherwise, obtain contact details at entry point.
details	Make sure to use the app COCOA, which is a system introduced by Kagawa Prefecture to detect movements of close contacts among
	people.
Minimize eating	• Take measures to minimize the time for eating. In the event when meals are time consuming, try to reduce the time when the face is
time	not protected by a mask.

%2) Conduct alternate seating among individuals or ensure sufficient spacing between groups. For groups with less than 5 people, there is no need for alternate seating in the group. (Number of participants may be more than 50% of permitted capacity.)

Case of infection prevention through 'Sufficient social distancing (1 meter) between persons', and 'maintaining relevant social distance'

Specific conditions	s (prevention of infection)	
Securing of	Secure appropriate distance among people while moving (for example, by positioning usherers in specific locations)	
physical distance	• Limit the number of people allowed in a set area	
	 Use vinyl sheets to isolate and create distance among people 	
Monitor	Use 'fixed point' camera or other digital technology to monitor and control occupant density	
occupant density	Position usherers in strategic locations	
	• Conduct 'time-lapse' and/or 'dispersion' methods during entry and exit into venues	
Restrictions on	• Restrict the intake of food and drinks in areas where measures to prevent infection are not taken (Allow food and drinks only in areas	
food and drinks	where appropriate measures are taken)	
	• Strictly conduct infection preventive measures during pre- and post-event times, and/or during break time when food and drinks are	
	consumed	
	• Encourage self-restraint among participants so as not to over-consume alcohol	
Ensure no	In the event of shouting or loud voices occurring, ensure that there is a system in place to handle the situation on an individual basis	
shouting or loud		
voices		
Management of	 Promote awareness of the prevention of infection before and after the event 	
movements	* Whenever possible, use pre-booking system and digital technology to encourage disperse movements as opposed to crowding	
before and after		
the event		
Secure contact	• Whenever possible, use pre-booking system to obtain contact details of participants. Otherwise, obtain contact details at entry point.	
details	• Make sure to use the app COCOA, which is a system introduced by Kagawa Prefecture to detect movements of close contacts among	
	people.	

Points to note on the holding of events

Issued 10th July 2020 Updated 21st August 2020 Updated 15th September 2020 Updated 17th November 2020 (Kagawa Prefecture COVID-19 Response Headquarter)

With regards to the holding of events, event organizers and management of event venues should take note of the following guidelines in addition to abiding by the guidelines listed in 'Provisional policy on the gradual easing of restrictions on the holding of events' (see attached).

Similarly, participants of events are requested to cooperate with event organizers and management of event venues in the same regard.

While conducting events, ensure that participants wear masks. (The exception is when there is a necessity to treat for high fever, etc.). Event organizers should provide masks to participants without masks, and ensure 100% face coverage. In addition, based on guidelines obtained from 'New Normal', organizers should encourage all participants to act appropriately by sanitizing and/or washing their hands correctly,

Check body temperature of all participants at point of entry. Individuals with high fever or other symptoms should withdraw from participating. The ticket refund policy should be clearly noted at the outset, and organizers should refund these individuals as stipulated in the refund policy.

Before the event, participants should be encouraged to install the app COCOA. Furthermore, the contact details of all participants should be secured. In addition, the usage of the LINE app 'Kagawa Corona Alert System' by all participants should be encouraged as well.

In the event of a participant shouting or creating loud voices, ensure that there is a system in place to handle the situation on an individual basis. Similarly in sports events, should a participant be found to create noises through a trumpet or any other instrument, organizers should make sure that there is a system in place to handle the situation on an individual basis.

While holding events, organizers should make sure that there is no occurrence of the 3Cs (Closed spaces, Crowded places, Close-contact settings), especially at points of entry and exit, rest areas, and during break times. Measures should be taken to prevent infection during pre- and post-event times, and break times. (This is especially so when food and drinks are consumed during such times). In the event that crowding at entry points, toilets, or kiosks cannot be avoided, control the crowd by limiting a participant number less than the permitted capacity of the premise concerned.

Organizers should disallow participants from gaining direct physical contact with performers or players during pre- or post-event times, and break times. If this is unavoidable, organizers should reconsider canceling the event. Performers or players with medical symptoms should refrain from rehearsing, performing or practicing.

Organizers should alert participants on the need to not crowd themselves while using public transport, or purchasing goods from kiosks, etc., during pre- or post-event times. Whenever possible, organizers should install a reservation system to promote the spreading out of participants at such locations.

In the event that clusters break out, organizers should make sure that all measures are taken to prevent the spread of infection. Organizers may also be requested to cooperate by holding the event without the presence of participants, or by postponing or canceling the event.

Organizers are also required to ensure that event venues are well sanitized and ventilated by following the guidelines specified by their respective industries.

For events where loud voices are expected, organizers should ensure that there are sufficient physical spacing between individuals. The audience should be separated from the performers by 2 meters. In times of possible crowding, organizers should control the crowd by making sure that there are sufficient spacing among participants.

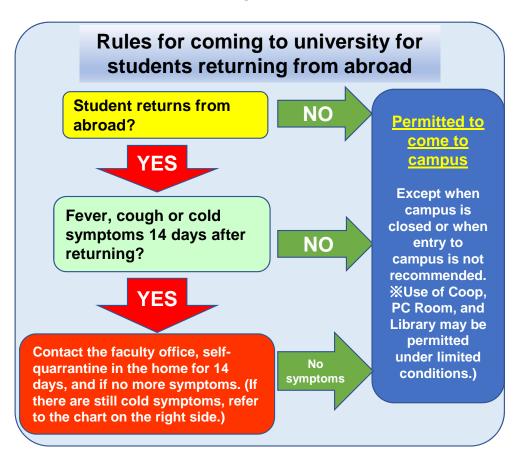
Event organizers and management of event venues should publicize in their homepages, and follow the guidelines specified by their respective industries.

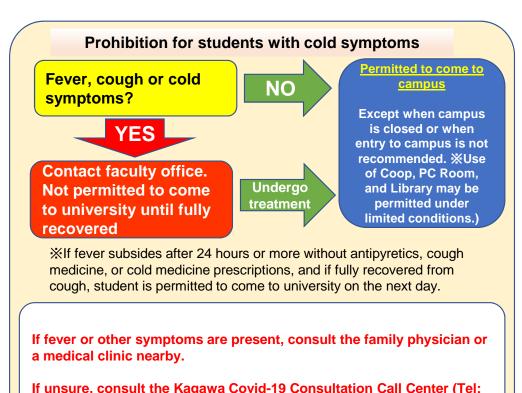
For events that involved the moving around the whole country, or events that include more than 1000 participants, organizers should contact the appropriate office listed below.

Event type	Kagawa Prefecture Departments	Telephone number
Concerts, etc.	Culture and Performance Department	087-832-3784
Exhibitions, etc.	Commerce Department	087-832-3339
Professional sports, etc.	Exchange Department	087-832-3055
Other	Policy Department	087-832-3126

[For students]

Measures to prevent New Coronavirus infection (Effective from 15 January 2021)





0570-087-550, open 24 hours and during holidays).

[For faculty and staff]

Flowchart on New Coronavirus infection

XIf returning from abroad, refer Restrictions on work if to the 'Measures for staff/faculty cold symptoms are members returning from abroad' present Convey to the faculty Consult the family physician or a office about symptoms medical clinic nearby and follow their and instructions received instructions. YES YES from family physician. Fever, cough or cold symptoms? When symptoms are present... **♦ Contact General Affairs** Office of faculty NO NO **◆**After receiving notice from Not permitted to come for work at university. infected staff/faculty member, the Special leave until completely cured **General Affairs office confirms the** situation and contacts the Salary Permitted to come **◆Contact General Affairs** and Welfare Section◆ to university to Office of faculty • work * If fever subsides after 24 hours or more without antipyretics, cough medicine, or cold medicine prescriptions, and if fully recovered from cough, coming to university on the next day to work is permitted

