

【Details on Health Check Sheet】

This health check sheet is for the prevention of spreading COVID-19 and for students to start classes in a healthy condition. This check sheet should be used to record the individual's health condition.

Students are asked to complete health checks every day, including days when they didn't plan to be on campus, as having the ability to monitor their daily health condition.

In the event that someone is diagnosed with COVID-19, all individuals suspected to have been in close-contact are required to submit their activity log along and have their health condition confirmed. Please be sure to keep your health check sheet records.

Health Check Sheet

This health check sheet is for you to monitor your health condition daily, so that you may actively engage in classes.
With everyone's cooperation, we will be able to maintain a safe and secure campus.

Affiliation : _____ Student ID No. : _____ Name : _____

Date (Day of Week)	Health Condition					Other Symptoms (Sore Throat, Headache, Diarrhea, etc.)
	Body Temp. (Normal Temp. : 36.5 °C)	Fever, Cough, etc.	Difficulty Breathing	Strong Fatigue	Impaired Sense of Smell/Taste	
4/1 (Thu)	36.4°C	none	none	none	none	none
4/2 (Fri)	36.6°C	none	none	none	none	none
4/3 (Sat)	36.7°C	none	none	none	none	none
4/4 (Sun)	36.3°C	none	none	none	none	none
4/5 (Mon)	36.5°C	none	none	none	none	none
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(Important Notes)
 (1) If you have symptoms of a cold (fever, cough, etc.) you are restricted from entering the university campus.
 (2) Check your body temperature every morning. Avoid measuring your body temperature after eating, taking a shower or exercising. Record your normal body temperature in the chart.
 (3) If you have breathing difficulty, strong fatigue, impaired sense of smell or taste, or high fever, etc., consult with your local medical institutions by phone. If you don't know where to call, call Kagawa Prefecture Coronavirus Call Center (0570-057-550). In addition, contact the administrative office of your faculty by phone and report the instructions given from the medical institutions as soon as possible.
 (4) The Kagawa Prefecture Coronavirus Call Center receives phone calls from people who are suspected to have been infected with the virus, and makes arrangement to ensure that they can see a doctor at a medical institution where medical services for people with potential exposure to COVID-19 are available. Please visit the medical institution you are introduced to, and refrain from visiting other medical institutions.

※The form is available as an Excel file or PDF at:

Kagawa University Homepage → Updates on COVID-19 → For International Students

<https://www.kagawa-u.ac.jp/24945/>